

Sample Menus:

Wild Oats Café

DINNER

2 Course \$42.50

3 Course \$55.00

Both include something tasty to start and share:

House baked bread & dukkah with local olive oil & olives

ENTRÉE

Balsamic glazed pears with a gorgonzola & rocket salad

Freshly opened Sydney rock oysters with a Bloody Mary shot

Smoked salmon & avocado sushi with tempura prawns & wasabi mayonnaise

Basil & goats curd custard with pea emulsion & crisp
prosciutto

Hoisin glazed quail with wok tossed bok choy

MAIN COURSE

Ocean trout on a bed of roasted butternut & eggplant
with gremolata and salsa verde'

Gallontine of corn fed chicken with fresh asparagus

Duck confit with sweet potato mash, sweet potato
chips & a cherry jus

Eye fillet of beef with porcini dust, truffled potato,
mushrooms & a sticky jus

*Slow roasted pork belly with red cabbage & cranberry
salad with mash and baked apple*

DESSERT

Panacotta with poached Mudjee plums & palmiers

Italian apple cake with cinnamon cream

Raisin & Muscat tart with crème fraiche

Turkish delight parfait with Belgian jaffa sauce

Summer berry pudding with pistachio ice-cream

Tea or coffee to finish

Wild Oats Café

Summer Menu

SOMETHING TASTY TO START OR SHARE

<i>House baked bread & dukkah with local olive oil & olives</i>	<i>\$6.5</i>
<i>Extra bread</i>	<i>\$2</i>
<i>Chunky chips with our dipping sauce</i>	<i>\$6.5</i>
<i>Turkey & Pork terrine with pumpkin bread & baby dill pickles</i>	<i>\$14.5</i>
<i>"Wild Oats" platter with our crusty bread</i>	<i>\$26.5</i>

ENTREES

<i>Tempura vegetables & seafood with wasabi mayonnaise</i>	<i>\$19.5</i>
<i>Sugar cured ocean trout with dill & mustard sauce</i>	<i>\$14.5</i>

Roast butternut, goats curd & olive tart with rocket salad

\$14.5

Tomato & basil bruschetta (summer on a plate)

\$10.5

Salt & pepper calamari

\$13.5

SALADS

Panzanella – Greek salad with crusty sour dough croutons &

\$13.5

grilled haloumi

Thai prawn salad with cashews & mango

\$18.5

Duck confit, cherry & endive salad

\$16.5

MAINS

Myan Breezes Pizzeta – Roasted mediteranean style vegetables

\$15

with fetta cheese & prosciutto

Atlantic salmon with rosemary smashed potatoes, fresh

\$22.5

Asparagus & lime mayonnaise

Marinated sticky lamb ribs, tzatziki & greek salad
\$17.5

Corn fed chicken breast, pocketed with pork & peanuts, thai
\$18.5
style, poached in coconut milk & served with jasmine rice

Robert Oatley Shiraz Viognier beef & field mushroom pie \$19.5
With summer vegetables

Slow roasted pork belly served on red cabbage & cranberry salad
\$19.5

AND FOR THE LITTLE PEOPLE

Fish (crumbed whiting fillets) chips (& something green ...
\$8.5

don't tell the kids)

Ham & pineapple pizza
\$8.5

Bangers & mash (organic chicken)
\$8.5

* All eggs, meat & poultry used at Wild Oats Café are organically grown

DESSERTS

Turkish delight parfait with Belgian jaffa sauce

\$12.5

Wild Oats Rose & mint granita with summer fruit

\$12.5

Palm sugar & lime cheesecake

\$12.5

Belgian chocolate cake

\$9.5

Summer berry pudding with pistachio ice cream

\$12.5

Kids hokey pokey ice cream cone

\$4.5

DRINKS

Tea or coffee; cup

\$3.5

mug

\$4

Orange juice

\$3.5

Lemon, lime & bitters

\$3.5

Soft drinks

\$3.5

Sparkling mineral water (large bottle)

\$6.5

Poppa juices for the kids *\$2*

WHITE WINE

	<i>glass</i>	<i>bottle</i>
<i>Wild Oats Sauvignon Blanc Semillon 2007</i>	<i>\$6</i>	<i>\$18</i>
<i>Wild Oats Chardonnay 2006</i>		<i>\$18</i>
<i>Wild Oats Pinot Grigio 2007</i>		<i>\$18</i>
<i>Montrose Stony Creek Chardonnay 2004</i>		<i>\$19</i>
<i>Robert Oatley Chardonnay 2006</i>	<i>\$8.5</i>	<i>\$25</i>

RED WINE

<i>Wild Oats Rose 2007</i>	<i>\$6</i>	<i>\$18</i>
<i>Wild Oats Cabernet Merlot 2006</i>	<i>\$6</i>	<i>\$18</i>
<i>Wild Oats Shiraz Viognier 2005</i>		<i>\$18</i>
<i>Montrose Black Shiraz</i>		<i>\$25</i>
<i>Montrose Sangiovese 2004</i>		<i>\$19</i>
<i>Montrose Barbera 2002</i>		<i>\$19</i>
<i>Robert Oatley Shiraz Viognier 2005</i>	<i>\$8.5</i>	<i>\$25</i>

BEER

<i>James Boags Premier Light</i>	<i>\$5</i>
<i>Mudgee Brewing Company Pale Ale</i>	<i>\$6</i>
<i>Mudgee Brewing Company Wheat Beer</i>	
<i>\$6</i>	
<i>Mudgee Brewing Company Porter (dark beer)</i>	
<i>\$6</i>	